



Pocket Patient
Advocate (PPA)

Bespoke Patient
Solutions LLC



POCKET PATIENT ADVOCATE (PPA)

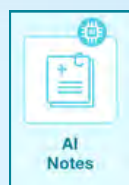
YOUR PERSONAL HEALTHCARE NAVIGATOR

Pocket Patient Advocate (PPA) is your personal health companion, simplifying healthcare. From understanding documents to managing appointments and medications, PPA keeps essential tools at your fingertips every step of the way.



Make Sense of Your Health Info

Upload medical documents like doctor notes or test results. PPA simplifies them, making everything easy to understand. Need clarification? Just reload the report for a fresh look!



Prepare Questions for Your Doctor

Get personalized questions for your doctor based on documents, symptoms, or medications you've searched. PPA tailors each question to make your appointments more productive.



Get Insights on Your Symptoms

Enter symptoms, and PPA provides insights tailored to your health history, helping you understand possible causes before your doctor visit.



Understand Your Medications

Look up medications to learn about uses, side effects, and interactions with other drugs or supplements. Search by drug or brand name!



Stay on Top of Appointments

Easily add and update appointments. Get reminders, and attach documents for quick access.



Track Your Health Activity

Track your recent health activities with a color-coded system for appointments, symptom searches, and document uploads—all in one view.



Download Pocket Patient Advocate (PPA) Today!

Stay connected with us on LinkedIn and Facebook for app updates, tips, and exclusive content.

👉 Scan the QR Code to get started!





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UNDERSTAND YOUR MEDICAL RECORDS

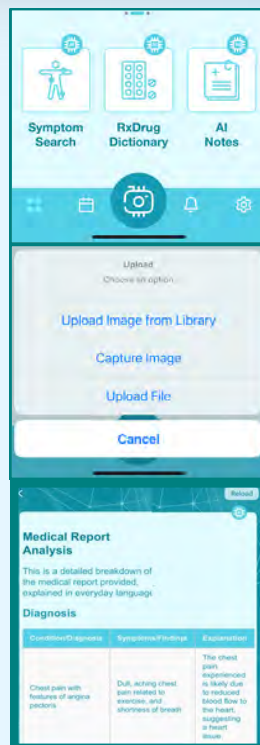
WITH THE POCKET PATIENT ADVOCATE APP

Not sure what your medical documents mean? Pocket Patient Advocate (PPA) simplifies the process by turning doctor's notes, lab results, and test reports into clear, easy-to-follow summaries. These summaries help you understand key details, so you feel more informed about your health.



How to Use This Feature

1. **Open the camera icon on the homepage.**
2. **Choose your upload method:**
 - Upload an image from your library.
 - Capture a photo of your document.
 - Upload a file directly.
3. **Click the checkmark to initiate the report.**
4. **Review the AI-generated summary and scroll through the full report for details.**
5. **Use the Reload feature for a new interpretation if needed.**



Tips and Best Practices

- Ensure your document is clear and legible for accurate AI insights.
- PPA actively saves reports in the **Latest Uploads** section for future reference.

How It Connects to Other Features

- **AI-Assisted Notes:** Use your report to generate questions for your doctor.
- **Calendar Integration:** Attached to appointments for easy discussion and marked in the calendar with a blue icon.

Simplify your health info—upload a document today!



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PREPARE FOR EVERY APPOINTMENT

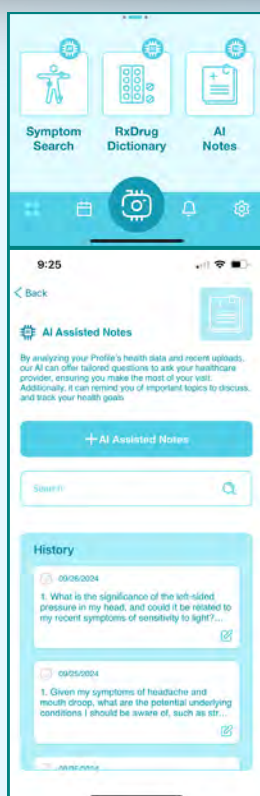
WITH THE POCKET PATIENT ADVOCATE APP

Are you worried you might forget to ask the right questions? Pocket Patient Advocate (PPA) helps you prepare by generating tailored questions based on your medical records, symptoms, or medication searches. These questions ensure you're ready for your next doctor's visit.



How to Use This Feature

1. Upload lab results and doctor's notes or search for symptoms or medications.
2. Tap the +AI Assisted Notes button.
3. Review and customize the suggested questions.
4. Save your list and bring it to your next appointment.



Tips and Best Practices

- Add additional questions directly in the app.
- Update your doctor's name and record answers during your visit.

How It Connects to Other Features

- **Medical Uploads:** Tailor questions based on your latest reports.
- **Symptom Search:** Generate questions on your symptoms.
- **Medication Search:** Generate questions on your medications.
- **Calendar Integration:** Attached to upcoming appointments for quick access and marked in the calendar with yellow icon.

**Be prepared for every appointment
—let PPA guide you!**



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GET INSIGHTS INTO YOUR SYMPTOMS

WITH THE POCKET PATIENT ADVOCATE APP

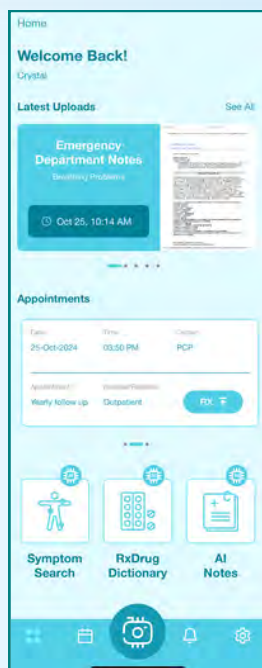
Not sure what your symptoms mean? Pocket Patient Advocate (PPA) simplifies the process by providing AI-powered insights tailored to your medical history.

These insights help narrow potential causes, guiding you until you can see a healthcare professional.



How to Use This Feature

- 1. Open the Symptom Search Feature:**
 - Access the feature from the app's homepage.
- 2. Enter Your Symptoms:**
 - Type in one or more symptoms into the search bar. Be as specific as possible for better results.
- 3. Review AI Insights:**
 - PPA's AI analyzes your symptoms in combination with your medical history.
 - Results will show potential causes and areas to discuss with your doctor.
- 4. Prepare for Your Appointment:**
 - Use the +AI Assisted Notes button to generate follow-up questions based on the insights.



Tips and Best Practices

- Keep Your Medical History Updated:**
 - Ensure your health profile in Settings includes current information (e.g., conditions) for personalized results.
- Use Insights as a Starting Point:**
 - While helpful, these results are not diagnostic. Always consult a healthcare provider.

How It Connects to Other Features

- AI-Assisted Notes:** Generate follow-up questions to ask your doctor.
- Calendar Integration:** Marked in the calendar with a purple icon.



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MASTER YOUR MEDICATIONS

WITH THE POCKET PATIENT ADVOCATE APP

Are you confused about your prescriptions? Pocket Patient Advocate (PPA) helps you understand them by providing clear information on drug use, potential side effects, and interactions. This helps you stay informed and make better decisions about your medications.



How to Use This Feature

1. **Open the Drug (Rx) Dictionary feature.** By touching the Rx Dictionary button on the Home Screen.
2. **Search for a medication by name or brand.** Choose which one is simplest for you.
3. **Review the drug's uses, potential side effects, and interactions.**



Tips and Best Practices

- Check drug interactions before starting new medications or supplements.

How It Connects to Other Features

- **Symptom Search:** Understand how your medications relate to symptoms.
- **AI-Assisted Notes:** Add medication insights to your doctor questions.
- **Calendar Integration:** Marked in the calendar with a green icon.

Stay informed—explore the Drug (Rx) Dictionary today!



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ORGANIZE AND TRACK YOUR HEALTH

WITH THE POCKET PATIENT ADVOCATE APP

Are you struggling to keep track of your health? Pocket Patient Advocate (PPA) makes organizing your appointments, uploads, and searches easy with a color-coded system. Stay on top of your healthcare journey with reminders and an at-a-glance overview of all your activities.



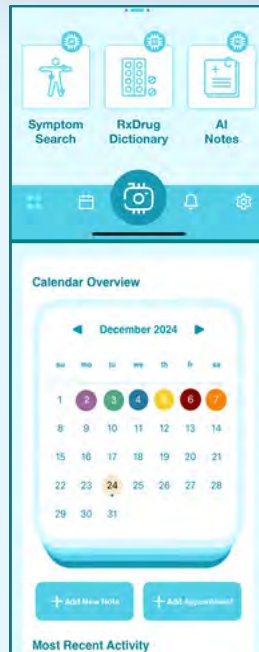
How to Use These Features

Add Appointments:

- Go to the **Calendar** via the homepage.
- Tap **+Add Appointment** to create a new entry.
- Attach files, notes, or documents as needed.
- Enable notifications for timely reminders.

Track Your Health Activities:

- Navigate to the Most Recent Activity section or Calendar.
- View color-coded summaries of past activities:
 - Orange:** Appointments
 - Red:** Notes
 - Blue:** Medical Uploads
 - Purple:** Symptom Searches
 - Green:** Drug Searches
 - Yellow:** AI-Generated Questions
- Tap any activity to review the details.



Tips and Best Practices

- Turn on notifications in Settings for appointment reminders.
- Use the **+Add New Note** feature for daily logs like food or glucose levels.
- Color-coded markers make it easy to identify activity types at a glance.
- Review activity summaries during doctor visits to enhance communication.

How It Connects to Other Features

- The **Calendar** links to all other features allowing comprehensive organization and tracking associated with specific dates.

Stay on top of your healthcare—add your next appointment or track your activity today!



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